Two-factor authentication when logging into MS Teams, MS Outlook

Secure two-factor authentication is used when logging into Office 365, VMU email MS Outlook, and MS Teams.

Enter the login details used by VMU (<u>vardas.pavarde@vdu.lt</u>) and your password (the one you use to log in to Moodle), then:

1. A message will appear on the computer screen,, *Approve sign in request* ".



2. A notification will be sent to your phone immediately \rightarrow Click "*Approve sign in ?*"



3. Enter the numbers you see on your computer screen into your phone screen, e.g. $18 \rightarrow \text{Click}$ "*Yes*".



You have logged in using two-factor authentication.